

Transforming lives through sport

A WHEELIE GOOD IDEA

NOVEMBER 2012

HOT OFF THE PRESS: Five months in to the project and over half the clubs have completed their events and visits and it sounds as though great fun has been had by all! Thank you to everyone who has been in touch and especially to those intrepid Rotarians who have completed their interclub expeditions. Over £4000 has been banked with more funds promised as sponsorship monies are collected.

What are the objectives?

- To celebrate the Olympic & Paralympic Games
- To promote fellowship between Clubs
- To promote Rotary through local publicity
- To fundraise for WheelPower leaving a lasting sporting legacy in the wake of the Games through the purchase of manual sports wheelchairs for worthy young disabled recipients in East Anglia
- To show that Rotary can be fun!

How does it work?

Each club makes a journey to a nearby Club to share a meal and fellowship. They can carry a small notebook in which each president can write a short message. Members from this Club travel to the next Club continuing the fellowship relay. Our objective is to involve as many Clubs as possible in the District, which has 77 Clubs in total. We have **the whole** Rotary year to complete this project it is not just for the Olympics.

How can we travel?

This is the fun part- by any means of transport except a car. Club Rotarians can use buses, trains, boats, tractors, roller skates. You may have other more imaginative ideas and we have certainly seen some already!

How do we know which Club to visit and when?

Starting from Lowestoft there are two routes- heading north and south in the District. The plan is that the routes travel west and then back into Norwich for a publicity event in The Forum on April 21st 2013 before the final journey back to Lowestoft. The project is continually evolving as Clubs come forward to take part. Please let me know your plans so that I can advise the clubs ahead of you.

How can my club take part?

Please get in touch with Sally Green to discuss at: verdiworld@tiscali.co.uk or call **01502 566533**.

When the route is within your area, contact your next club to arrange a time to visit- there are regular updates in the 1080 News, from your AG or me.

Decide on a form of transport and go for it! However, swimming up the river may not seem so attractive in the depths of winter and there are fewer holidaymakers around for fundraising.

There is an alternative approach- separate the 'fun' and the fellowship. Make plans now to do something whacky on the way to the next Club and fundraise along the way. Arrange with them to have a small reception committee waiting for you. You can make plans and have your event at any time, then, wait until the notebook has reached you and simply drive back to that club to join them for their meeting later in the year.

Some clubs are having a collective event- the possibilities are endless, as long as it is fun! Please take some photos and send a couple to me. I plan to record the individual inter-Club events by putting the messages and photos into a book to commemorate the whole project at the end of the Rotary Year.

How can we raise money?

Our club made over £50 in a bucket collection from holidaymakers along the prom when they saw our weird and wonderful means of transport. Look for street collections on your local Council's website to find instructions for obtaining a licence. It is very straightforward and arrives within a couple of weeks. I can forward a WheelPower logo for the buckets.

Other club members, friends and family could sponsor those taking part or you could plan a fundraising event in aid of WheelPower- there are lots of opportunities for publicity with the Paralympics starting shortly.

Please visit the website: www.wheelpower.org.uk for more information on the Charity and its history. We are raising money for needy recipients within District 1080 and will be asking Clubs to put forward recommendations for disabled youngsters who have the potential to become future Club or Paralympic standard sportsmen and women in the future. Please do not send any money to WheelPower directly. Playing sport can transform the lives of disabled children. What a great way for Rotary to contribute to our community.

What do you do next?

When you are ready there are sponsorship forms as well as payment instructions available on the District 1080 website, as well as a PowerPoint and DVD with further information on the project to download and show to your Club. I can also send you this information, if you prefer. I look forward to hearing from you.

Sally Green
Rotary Club of Lowestoft East Point
District Coordinator – Wheelie Good Idea

| SOUTH ROUTE | DATE | NORTH ROUTE | DATE |
|-----------------------------------------------------------------|-------------------------|-----------------------|-------------|
| Lowestoft East Point | 5.7.2012 | Lowestoft East Point | 7.7.2012 |
| Southwold | 19.7.2012 | Lowestoft South | 18.7.2012 |
| Beccles | 24.7.2012 | Lowestoft | 2.8.2012 |
| Bungay | 7.8.2012 | Gorleston | 25.8.2012 |
| Harleston | 11.8.2012 | Yarmouth Haven | 6.8.2012 |
| High Suffolk | 14.8.2012 | Yarmouth | 13.8.2012 |
| Framlingham | 16.8.2012 | | |
| Saxmundham | 18.8.2012 | Wroxham Bure Valley | 23.8.2012 |
| Woodbridge | 5.9.12 | Aylsham | 10.9.2012 |
| Woodbridge Deben | 5.9.12 | North Walsham | 10.11.12 |
| Felixstowe | 6.9.12 | Cromer & Sheringham | 18.11.12 |
| Felixstowe Languard | 19.9.12 | North Norfolk | 18.11.12 |
| PASSING MID SEPTEMBER TO SOUTH AREA PASSING TO WEST AREA | | | |
| Ipswich | 16.10.12 | Holt | 21.11.12 |
| Ipswich Wolesey | 16.10.12 | Fakenham | |
| Ipswich East | 16.10.12 | Dereham | |
| Ipswich Orwell | 16.10.12 | Watton | 27.9.12 |
| Hadleigh | 16.10.12 | Thetford | 1.9.12 |
| Stowmarket Gipping | 22.10.12 | Brandon | 27.9.12 |
| Stowmarket | 22.10.12 | Swaffham | |
| Sudbury | 6.11.12 | Kings Lynn Trinity | |
| (Sudbury Talbot) | | Hunstanton | |
| Bury St Ed Abbey | | Kings Lynn Priory | |
| Bury St Edmunds | | Kings Lynn | |
| PASSING BEG | DECEMBER INTO SW | PASSING TO NW | |
| Haverhill | | Downham Market | |
| Saffron Walden | 13.10.12 | Whittlesey | |
| Sawston | | March | |
| Baldock | | Chatteris | |
| Letchworth Howard | | Littleport | |
| Letchworth Garden | | Ely | |
| Royston | | Ely Hereward | |
| Cambridge | | Soham Staploe | |
| (Newmarket) | | Wymondham | |
| Mildenhall | | Attleborough | |
| Diss | 30.9.12 | (Reepham) | |
| Norwich | | Broadlands | |
| Lowestoft E.P. | | (Norwich Thorpe) | |
| | | Lowestoft E.P. | |
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WheelPower

British Wheelchair Sport